



Title: Adverse and Positive Childhood Experience Surveys

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- 1 **WHEREAS**, exposure to multiple adverse childhood events (ACEs) is a risk factor for many health conditions
 2 including generational violence, mental illness, and substance useⁱ, and
- 3 **WHEREAS**, 1 in 6 adults experience four or more types of ACEsⁱⁱ, and
- 4 **WHEREAS**, 5 of the top 10 leading causes of death are associated with ACEs², and
- 5 **WHEREAS**, preventing ACEs could reduce the number of adults with depression by as much as 44%², and
- 6 **WHEREAS**, preventing ACEs could reduce the prevalence of many common health conditions, includingⁱⁱⁱ:
- 7 • Up to 21 million cases of depression
 8 • Up to 1.9 million cases of heart disease
 9 • Up to 2.5 million cases of overweight and obesity, and
- 10 **WHEREAS**, positive childhood experiences (PCEs) demonstrate a dose-response association with adult depression
 11 and/or poor mental health, and adult-reported social and emotional support^{iv}, and
- 12 **WHEREAS**, treatment of ACEs may include psychotherapy, most effectively cognitive-behavioral therapy (CBR),
 13 medication, social and economic support, and parent training^v, and
- 14 **WHEREAS**, ACEs are associated with poor mental health; emerging research demonstrates the protective role of
 15 PCEs, including a positive sense of self and relationships with both humans and animals, in mitigating the impacts of
 16 early life adversity on mental health outcomes^{vi}, and
- 17 **WHEREAS**, shared documentation of ACEs/PCEs among all members of the interprofessional care team decreases
 18 the need to repeatedly ask potentially triggering questions and enhances our ability to connect/refer patients to
 19 intervention resources, now, therefore, be it
- 20 **RESOLVED**, that Michigan Academy of Family Physicians encourage regional and statewide electronic health record
 21 (EHR) vendors to include screening tools to document individual patient Adverse Childhood Events (ACEs) and
 22 Positive Childhood Events (PCEs) in a manner that may be used for individual or population assessment, and to
 23 inform intervention strategies by members of the interdisciplinary care team; and be it further
- 24 **RESOLVED**, that Michigan Academy of Family Physicians ask our Delegation to the American Academy of Family
 25 Physicians Congress of Delegates to encourage multi-state and national electronic health record (EHR) vendors to
 26 include screening tools to document individual patient Adverse Childhood Events (ACEs) and Positive Childhood

27 Events (PCEs) in a manner that may be used for individual or population assessment, and to inform intervention
 28 strategies by members of the interdisciplinary care team; and be it further

29 **RESOLVED**, that Michigan Academy of Family Physicians encourage regional and statewide payors to pay for the
 30 administration of screening tools under CPT 96160 to document individual patient Adverse Childhood Events (ACEs)
 31 and Positive Childhood Events (PCEs); and be it further

32 **RESOLVED**, that Michigan Academy of Family Physicians ask our Delegation to the American Academy of Family
 33 Physicians Congress of Delegates to encourage multi-state and national payors to pay for the administration of
 34 screening tools under CPT 96160 to document individual patient Adverse Childhood Events (ACEs) and Positive
 35 Childhood Events (PCEs).

ⁱ 2017, Hughes, et al. The effects of multiple adverse childhood experiences on health: a systematic review and meta-analysis. *The Lancet – Public Health*.
[https://doi.org/10.1016/S2468-2667\(17\)30118-4](https://doi.org/10.1016/S2468-2667(17)30118-4).

ⁱⁱ 2021, CDC. Adverse Childhood Experiences (ACEs) – Preventing early trauma to improve adult health. #vitalsigns, November 2019 (Updated August 2021)
 accessed on 6/20/23 from <https://www.cdc.gov/vitalsigns/aces/index.html>.

ⁱⁱⁱ 2019, CDC. National Estimates based on 2017 BRFSS. Vital Signs, MMWR November 2019. Accessed on 6/20/23 from
<https://www.cdc.gov/vitalsigns/aces/index.html>.

^{iv} 2019, Bethell, et al. Positive Childhood Experiences ad Adult Mental Health and Relational Health In a Statewide Sample – Associations Across Adverse Childhood
 Experiences Levels. *JAMA Pediatr*. 2019;173(11):e193007. doi:10.1001/jamapediatrics.2019.3007. Accessed on 6/20/23 from
<https://jamanetwork.com/journals/jamapediatrics/fullarticle/2749336>.

^v 2020, Lorenc, et al. Interventions to support people exposed to adverse childhood experiences: systematic review of systematic reviews. *BMC Public Health* 20,
 657 (2020) <https://doi.org/10.1186/s12889-020-08789-0>

^{vi} 2021, Rodriquez, et al. Relationships among Early Adversity, Positive Human and Animal Interactions, and Mental Health in Young Adults. *Behav Sci (Basel)*. 2021
 Dec; 11(2):178. doi: [10.3390/bs11120178](https://doi.org/10.3390/bs11120178).